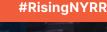
THE ARMORY, UPPER MANHATTAN SATURDAY, OCTOBER 19, 2024







REGISTRATION OPENS: 8:00 A.M

SCHEDULE OF EVENTS

TIME	2–4 YRS Bib sticker a	5–7 YRS BIB STICKER B	8-9 YRS BIB STICKER C	10-11 YRS Bib sticker d	12-13 YRS Bib sticker e	14-18 YRS Bib stickerf
9:00 A.M.		STANDING LONG JUMP	FITNESS ACTIVITIES (2ND FLOOR)	55-METER	SHOTPUT	200-METER
9:45 A.M.		SOFTBALL THROW	55-METER	LONG JUMP	200-METER	FITNESS ACTIVITIES (2ND FLOOR)
10:30 A.M.		55-METER	LONG JUMP	200-METER	FITNESS ACTIVITIES (2ND FLOOR)	SHOTPUT
11:15 A.M.	FITNESS ACTIVITIES (2ND FLOOR)	FITNESS ACTIVITIES (2ND FLOOR)	200-METER	SHOTPUT	LONG JUMP	55-METER
12:00 P.M.	55-METER	CEREMONY - NATIONAL ANTHEM				
12:50 P.M.		100-METER	SHOTPUT	FITNESS ACTIVITIES (2ND FLOOR)	55-METER	LONG JUMP
1:35 P.M.			4×200 - METER RELAY			
ACTIVITIES (IN THE SECOND FLOOR MARATHON ROOM)						

Please note that start times listed above are estimated. Be sure to arrive on site at least one hour in advance of scheduled events as they are subject to

MAP - A O 1 168TH STREET

TRACK ENTRANCE

3

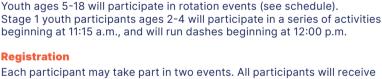
new balance

run ahead of or behind schedule.



CONSULTANCY SERVICES

EVENT NOTES



a bib that they will wear during their events. Please complete the

emergency information on the back of the bib.

Participants should arrive one hour before their first scheduled event.

When an event rotation is called, participants should report to the clerking area, which is located on the third floor to the right of the main staircase. Please pay close attention to rotation announcements, as events may run ahead of or behind schedule.

to the left of the main staircase where parents may reunite with their child after their event. Please remove the Child Claim wristband from the participant's bib prior to their first event and show it to an NYRR staff

FAQs Do participants have to be members of a team?

Do boys, girls, and non-binary participants run together? Yes. Boys, girls, and non-binary participants will run together.

Do participants receive awards?

No. Coaches not enrolled in the Rising New York Road Runners' youth program cannot register their athletes. A parent must create an NYRR

Should my child be in Stage 1 or 2?

Can coaches register their athletes?

No. Any child 2-18 can participate.

activity or running, but like playing games and being active. Your child

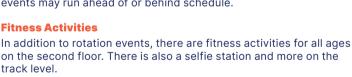
be assembled before entering the clerking area.

Can different genders run on the same relay team?

Can different age divisions run on the same relay team? Yes. The relay team will run in the age division of the oldest member.

Only parents of participants ages 2–4 may run with their child.

Yes. Relay teams can include runners of different genders.



Post-Event Family Reunion

Restrooms and Concessions Restrooms are located on the second and third floors. Concessions are available on the third floor. Outside food is not allowed in The Armory.

member to release your child from Family Reunion after each event.

For ages 2-13, there is a post-event family reunion area on the third floor

All participants will receive ribbons.

account to register their child(ren) for the event.

should be in Stage 2 if they are 8-18 and are familiar with running, like playing games and being active, but aren't ready for a competitive event.

Can participants run a relay without four runners? No. All relay teams must have four runners, but participants may be able to find other relay team members at the event. All teams must

Your child should be in Stage 1 if they are 2-11 and are new to physical

Can I run with my child?